



CHOOSE **YOUR** PATH TO RECOVERY.

The life you save might be your own.

NIH
HEAL
INITIATIVE

HEALing Communities Study
Massachusetts

YOU DON'T HAVE TO WALK ALONE.

When you're ready to explore overdose prevention and recovery options, call for free and confidential support.

- **Berkshire Harm Reduction:**

413-447-2654

Free naloxone, supply testing, fentanyl test strips, new syringes, STI testing, links to care

- **A peer to talk to while using substances:**

800-972-0590

A person to talk with while using substances so you never have to use alone

- **MA Substance Use Helpline:**

800-327-5050

Help understanding the treatment system and finding substance use recovery resources

- **Brien Center Crisis Line:**

800-252-0227

24/7 confidential support and resources for people in distress



REAL RECOVERY.

Scan the QR code for local resources.
boapc.org/get-help